Strand

to start

warm pretzel / pimento cheese spread 5.5

snapper cakes / comeback sauce 8

cheese board / apple smoked cheddar, Gloucester, Mobay, tomato jam, toasted nuts, crostini 14.5

shrimp & fried green tomatoes / poached gulf shrimp, tomato chow chow, tarragon aioli 13.5

caramelized leek flatbread / goat cheese, cheddar, balsamic reduction 11

mushroom & onion croquettes / gouda, dashi aioli 9

pasta nero / crab, creamy truffle dressing, herb bread crumbs, crispy shallots 13
* dressing contains raw egg *

greens

caesar / romaine, kale, parmesan, croutons, fried capers, pickled egg, housemade caesar dressing 12
* dressing contains raw egg *

grilled peach / mixed lettuces, blue cheese, praline bacon, citrus vinaigrette 12.5
* contains nuts *

sicilian citrus / arugula, green olives, red onion, feta, mint, olive oil 13

brussel / avocado, celery, parsley, asiago, buckwheat, lemon-tahini dressing 13
* dressing contains raw egg *

house / mixed lettuces, balsamic vinaigrette 7

+ protein to any salad (chicken 4 / salmon 6)

main

red snapper / blackened with lime compound butter, Anson Mills cheese grits, seasonal vegetable 28

mango salmon / black rice, bok choy, snap peas, mint, ponzu vinaigrette 28 * contains peanuts *

buffalo hen / blue cheese slaw, fried okra 25

seared duck breast / black-eyed peas, sauteed kale, cornbread croutons, orange jus 28

coffee-rub flank steak / patatas bravas, asparagus, bordelaise * 28

saffron-crusted grouper / millet risotto, pickled corn, tomato beurre blanc, chorizo crumb 29

standbys

strand burger / bacon, lettuce, tomato, onion, pickles, roasted jalapeño, blue cheese dressing on brioche bun, fries 16

steak frites / chimi sauce, seasonal vegetable * 19

fried fish / fresh catch of the day, fries, coleslaw 17

buttermilk chicken / bacon, lettuce, tomato, pickles, honey mustard on brioche bun, coleslaw 14

buttermilk chicken salad / mixed lettuces, fried chicken breast, tomato, bacon, asparagus, herb buttermilk dressing 14

chef owners - Alda & Joe Rees
we respectfully decline substitutions / 20% gratuity for parties over 6
* consumption of raw or undercooked foods such as seafood & shellfish may increase your risk of food bourne illness *